

Useful Contact Information Younger People

Support for younger people

- **RipRap**

Information for teenagers who have a parent with cancer. The website also features real stories of other young people's experiences.

riprap.org.uk

- **CLIC Sargent**

UK cancer charity for children, young people and their families. They provide clinical, practical, financial and emotional support to help people cope with cancer and get the most out of life.

0300 330 0803

<https://www.clicsargent.org.uk>

- **Teenage Cancer Trust**

Improves the quality of life and chances of survival for young people with cancer, with support and specialist services around the UK.

020 7612 0370

teenagecancertrust.org

- **The Youth Cancer Trust**

Provides support and free, activity-based holidays for young people aged 14 to 30 with cancer or any malignant disease in the UK and Irish Republic or who are patients of any UK hospital. You can also come on a holiday if you have been in remission for up to five years or are living with the late effects of having had cancer as a teenager.

01202 763 591

youthcancertrust.org