



St Luke's Cancer Centre Melanoma Support Group  
RSCH, Guildford, Egerton Road, Guildford, GU2 7XX

**Website: [www.melanomore.net](http://www.melanomore.net)**

**E-mail: [melanomore@googlegroups.com](mailto:melanomore@googlegroups.com)**

**[NEWSLETTER June July 2020 No 2](#)**

**Hello**

**[Zoom Call Virtual Café Wed 1<sup>st</sup> July 2022 10.00am](#)**

We have our next Zoom Virtual Café on Wednesday 1<sup>st</sup> July from 10.00m.

We have two presenters during the morning

**Sarah Browne from Surrey Healthwatch** talking about a project they need the help of patients and families about the effects of Covid- 19 on care services in the area.

There is a flyer attached to this Newsletter giving some more details in case you are not on the call and want to participate?

Following on the morning we have **Catherine May, Head of Psychology** covering St Luke's Cancer Centre who will talk about aspect of dealing with isolation as well as answering any other concerns you may want to raise around your care and support?

**Elizabeth Clayton**, Consultant Breast & Skin Surgeon and **Delia Sworm**, Cancer Nurse Specialist will also be in "The Café".

There will be time for general chat on items you want to raise or discuss as well.

The atmosphere is relaxed and gives an opportunity for you to talk with others in a similar situation to your own.

### **One final piece of Information**

MelaNoMore has been approached by **Guildford & Waverley CCG** to publicise a survey they are carrying out with Macmillan on how cancer care in particular has been affected in recent months and to talk about possible changes to improve the service.

A Flyer and link to the Cancer Interface Questionnaire Survey Form are attached from **Alex Greenway, Macmillan Cancer Pathway Manager**, giving a link to the survey, if you would like to participate?

MelaNoMore has made it clear to both bodies above that we will let members know about Surveys, etc. as part of our education & information role, but responses are entirely voluntary and between you and the Survey Team.

I look forward to seeing you at “The Café” or at other events we hope to have later in the year. We are still planning an education event for a Wellbeing Day during the Autumn but we cannot firm up until we know when we can meet as a Group, or whether a virtual meeting is realistic.

More details to follow or keep an eye on our Website.

Kind regards

*Paul*

Paul Duhig, Chairman

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### Future MelaNoMore Virtual Cafe Gatherings using Zoom

## **MelaNoMore Virtual Café - Guidelines**

Given we cannot meet yet we have decided to run a Virtual Café using Zoom. The first successful one was on Wed 3<sup>rd</sup> June and lasted an hour plus.

**The next Virtual Cafe is Wednesday 1<sup>st</sup> July 2020 at 10.00am.**

**The following Guidelines will be used to allow the Cafe to work well.**

The aim is to create an informal and friendly discussion. Please bring along a coffee and a cake – and join in as much or as little as you wish!

Discussion can range across a whole raft of issues that members want to talk about.

From time to time a speaker will be invited to talk about an aspect of Cancer Care or Cancer Research for part of the meeting. The professional members of the MelaNoMore Committee will rotate through the meetings who can deal with many clinical issues or arrange for discussions outside the group if that is felt to be more appropriate.

If something upsets you then please use the mute facility on Zoom to allow yourself a breather, and then re-enter.

Please come and go as the meeting goes on and no one will take offence! Information or good ideas that come out in the discussions will be emailed to members and placed on our Website to ensure they spread to others, while individual confidentiality will be always be respected. ([www.melanomore.net](http://www.melanomore.net))

Above all this is for the patients and family members to meet each other and find means of help and support.

Paul B Duhig Chairman, MelaNoMore, June 2020

## **ZOOM Instructions for MelaNoMore Virtual Café** ([melanomore@googlegroups.com](mailto:melanomore@googlegroups.com))

To access the Virtual Café, please send your email address to Kelly Smith , Skin Cancer Care Coordinator via [kelly.smith11@nhs.net](mailto:kelly.smith11@nhs.net)

**This information will be passed to the MelaNoMore Zoom meeting organiser who will then follow the steps set out below:**

To ensure secure access to our Virtual Café Zoom sessions, a new Meeting ID and Password will be generated each time. This will be contained in the **Invitation Link** emailed to each of you a few days prior to the session.

**Ctrl+Click** on the emailed **Link** which will launch Zoom application and take you into the Zoom Waiting Room. The Host will be notified and will admit you.

When admitted to the meeting make sure the microphone symbol is **Unmuted** and Video symbol is **Started**. The controls are sited in different positions depending on the device.

**PC/Desktop:** Microphone (Unmute>Mute) & Video (Start>Stop) are bottom left (hover with the mouse) or press **Alt** to reveal all controls. Speaker View (current speaker) & Gallery View (all users) top right toggle box/3dot symbol.

**Tablet/iPad:** Microphone (Unmute>Mute) & Video (Start>Stop) are top right near to Participants. Switch to Active Speaker or Gallery View are top left below switch camera.

**Mobile/iPhone:** Microphone (Join Audio>Mute) & Video (Start>Stop) are located at the bottom of the screen, touch screen for them to appear.

The **Link** will look like:

Doug Hollis is inviting you to a scheduled Zoom meeting.

Topic: MelaNoMore Virtual Café

Time: June 3, 2020 10:00 London

Join Zoom Meeting

<https://us02web.zoom.us/j/99999999?pwd=ZjQ3OUUpBRGhNLzlw dHRrExample>

If you do not have the **Link** or have any problems accessing the Zoom session, please email [melanomore@googlegroups.com](mailto:melanomore@googlegroups.com) . This will be monitored by a member of the committee, who will provide guidance or respond with the actual **Meeting ID & Password**.

Doug Hollis  
MelaNoMore Support Group (June 2020)